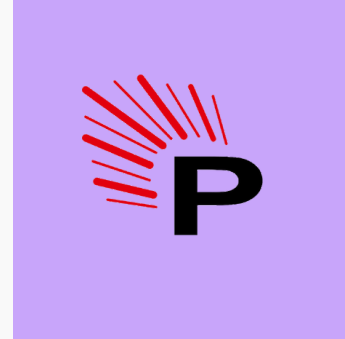


Prabhava

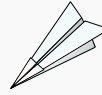
It's time to make your mark!



Star performer

We are proud to present the stars of PEC who shine brightly and perform to their best every day. Details on next page.

Expresso



Share your thoughts, poems or art that you learnt or have been honing. Show us your creative side.

Equipment IQ



We work with some of the latest eye care equipment in the world. Do you know about them? This section opens the doors.

Experience

An eventful coming together.

CME Experience: The day 1 of CME started with us being mesmerised with the venue of conference, we entered with great excitement which was carried throughout the day , all the presentations given by experienced speakers were very fruitful and enriching and we gained knowledge about vivity and panoptix lenses. The documentary of Prabha's journey was very emotional and heart touching that made us feel proud for being a part of such great institution. The day 1 of CME ended with great enthusiasm which was carried into day 2 and made all of us excited.



The day 2 of CME even though being short was full of guidance about toric IOL , we as attenders also got a chance to be a part of a play of toric. The day ended with the video of pics of both days which felt like a short recap, good food and great motivation in us to learn more. we as a team enjoyed the experience and attained huge information about all the lenses.

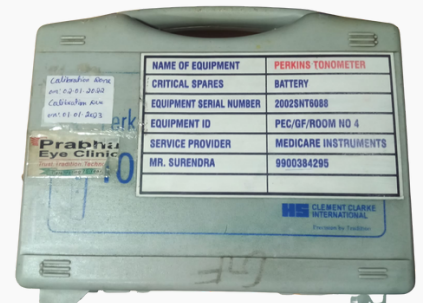
- by Radha and Souwmya, Optometrists on the optometrist meet practice plus

CALIBRATION OF HOSPITAL EQUIPMENT - Suchitra PCA

Dear friends,

Whenever we are using any equipment, we have to learn how to operate them. In the same way, it is important to know whether the Equipment is accurate. The company representatives calibrate the equipment and certify the equipment once in 6 months or 1 year (depending on the equipment and manufacturer specifications). We have to calibrate certain Equipment on a daily basis and some equipment once in 3 months. For example: **IOL Master** – daily calibration.

Perkins tonometer - 3 monthly calibration. By calibrating regularly , the equipment will give accurate readings. In our hospital , each equipment is being calibrated on a regular basis. Each equipment will have a history card which contains the details of calibration which can be seen by both the operator and the patient .



INTERSTING TIDBITS

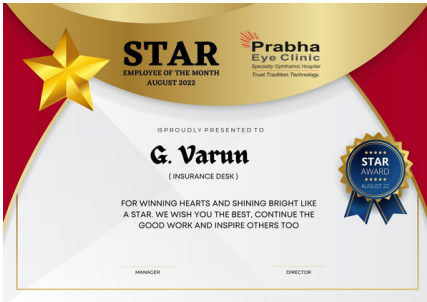
The human eye can differentiate approximately 10 million different colors. And our eyes remain the same size throughout life, whereas our nose and ears never stop growing.

Upcoming Event
Clinical meet on
21-Sep-2022



Prabhava

Star Performers



Star Performer - G Varun
Understanding, helpful and being involved with patients needs has made Varun a top performer



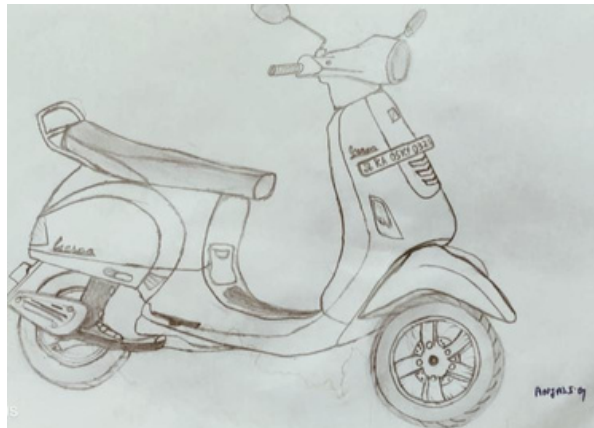
Adherence - Shivakumar
Shivakumar is among the few who understands his role and responsibilities very well.



Applause - Ninge Gowda KS
Working in a very challenging environment, Ninge Gowda is always dependable and efficient.

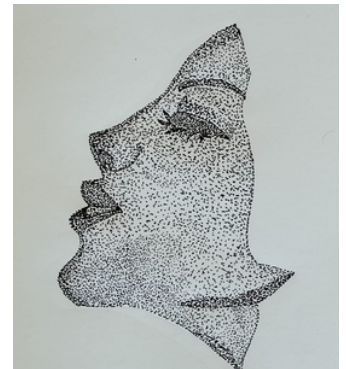


An English Autumn
- by Divya (Patient Care assistant)



Kinetic or Electric
-by Anjali (Receptionist)

Expresso



A face to remember!
- by Ganesh (Optometrist)



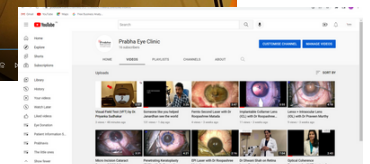
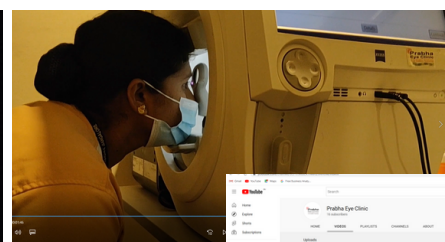
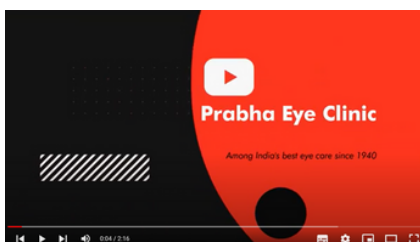
A peek into village life - by Jyothi Lakshmi (Receptionist)

Remover of obstacles - Our Ganesha

As usual our celebrations at home are always memorable. At PEC we celebrated and did the puja too. Let's look forward to welcoming him soon next year again!



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Prabhava

Last month's Crossword Answers

Across:

Down:

Got a good eye? Now spot 20 differences



Let's debunk the myths about eye donation.

True / false

- Donating eyes will disfigure the face of the donor, with holes in the eye socket causing face disfigurement.
FALSE - Only after death the eyes are removed and it does not disfigure the face. And after death does it matter?
- Donating eyes when I die in this life will mean I will be blind by birth in my next life.
RIDICULOUS - By this logic, after death they should not even burn / bury the body.
- My family will be distraught with my decision to donate my eyes.
REALLY? Can a family be more concerned about physical appearance or be proud of the fact that the eyes live on.
- It is against my religion to become an eye donor.
SEE THE TRUTH. No religion preaches against the benefit of another fellow human. It's time to open our eyes.

Guess maadi nodi

Some people can recognise eyes easily and some can guess or need prompting. Which category do you belong to? Here's a test. Guess, which celebrity's eyes are these?

Last month's answer: Amitabh Bachchan



Correct answers will be revealed in the next issue.

Prabhava

Worklife

- by Praveena G Shenoy

A day in the life of a Busy Ophthalmologist.

Doctors battle with relentless work pressure, long hours of sleep deprivation and stress but despite all these challenges they put on a smile on their face to look after their patients with all the care and love. Today, I am excited to highlight the daily routine of one of the best doctors: *Dr Praveen R Murthy*.

Dr Praveen starts his day with brisk walk to stay healthy and fit. After his walk, he spends some time with his daughter discussing about her school activities.

He then quickly gets ready to be at the hospital and attends the operating theatre in the morning.

After a hectic schedule in the OT, he returns to the Out Patient Department and treats between 30-35 patients each day, which sometimes forces him to delay his lunch. He prefers to schedule long surgeries for the afternoon which goes on till evening.



He enjoys spending his evenings playing with his daughter and pet dog. He loves to read a good novel before he retires to bed. A much deserved shout out to Dr Praveen R Murthy. His positivity, competence and humor are a delight to everyone he works with. What a treasure!